



Exercise nr 4: Where are we now?

Duration	10 min
Type of activity	Social / Body / Emotional / Cognitive
Goal of the exercise	Checking participants' location can be both integrating for the group and valuable to the coach, Getting to know each other, breaking the ice, warmup
Group size	No limits
Hashtags	#engagement #mapping #visual #webApp #warmup
Apps	Prepare a Jamboard (https://jamboard.google.com/) or other app where photos or images can be uploaded (f.e. Miro, Mural, Gslides)
Materials	Before the meeting, prepare an interactive map of the country or the world depending on whether your workshop is national or international.
Exercise agenda	Share a screen of the map (of a chosen region, country or the whole world) using an available web app. Ask participants to put on a mark of where they are now or write the name of their town if it's not visible on the map. Discuss the scope of the area the group covers.
Possible modifications	You can also ask participants to write names next to their mark, so that you can map the places with peoples names. Another idea is to ask participants to reflect on the map creation process with 1 word, phrase or a sentence. We recommend this exercise as a warm up for the beginning of the training.
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